

# Health and Medication Policies

A licensed medical professional will be on site from 8:00 a.m. to 3:30 p.m. and will also be on call 24 hours a day. If your camper becomes seriously ill or injured or has a temperature over 100.4 degrees, you will be notified.

At registration:

- ALL campers will be required to fill out our Dordt Discovery Days Participation Waiver, Release of Liability, and Medical Authorization Agreement.
- IF your camper has Asthma, you will be asked to also fill out an Asthma Management Plan.
- IF your camper has Diabetes, you will be asked to also fill out a Diabetes Management Plan.

Please note the following protocols for medication at camp:

- Do NOT bring basic over-the-counter medication to camp, unless your child needs to take a daily dose. Otherwise, these will be available at the nurse's station as needed. We will need your permission to administer these (permission can be given, or not given, on our Over-the-Counter Medication Permission Form).
- Prescription and over-the-counter medication MUST be turned in to the camp nurse at check in. This will be done by appointment. More details to come.
- Campers will be SENT HOME if found with prescription medication in their possession.
- Prescription and over-the-counter medication MUST be in the original container.
- Please label liquid meds, nasal sprays, eye drops, or essential oils with your child's name if it is not already there from the Rx label.
- All medication will be given according to the directions on the original Rx containers.
  - If the directions provided by the parent or guardian differ from those on the RX container, the parent will be required to sign a liability waiver releasing the camp nurse from responsibility.
- We have four medication distribution times: Breakfast, Lunch, Supper, Bedtime (approximately 8:00 a.m., 12:15 p.m., 5:30 p.m., 10:00 p.m.)
- If your child will be taking prescription and/or daily over-the-counter medications, please bring a clean, EMPTY weekly pill organizer box to camp with your child.
  - If your child takes medication once per day, a "one section per day" weekly organizer is sufficient.
  - If your child takes medication twice per day, a "two sections per day" weekly organizer is required (typically these say MORN on one section and EVE on the other).
  - If your child takes medication more than twice per day, a "four sections per day" weekly organizer is required (typically these say MORN, NOON, EVE, BED on them).
- Please DO NOT fill pill organizer boxes before coming to camp. The camp nurse will fill the pill organizer for the week.
- The camp nurse will return the pill organizer and any leftover medications to you at check out. If you and your child turned in any medications at camp check in, YOU MUST CHECK OUT WITH THE CAMP NURSE BEFORE LEAVING CAMP.
- Please check that you have everything (especially inhalers and Epi pens) before leaving camp.