

Dordt Discovery Days Camp Anaphylaxis Protocol

If an exposure is suspected but NO signs/symptoms of anaphylaxis are present:

1. Give diphenhydramine
2. Alert the camp director of exposure
3. Continuously monitor individual for a minimum of 30 minutes
4. If symptoms develop/progress, notify EMS.

When signs/symptoms of anaphylaxis are present:

1. Activate EMS
2. If a patent/open airway, give 50 mg diphenhydramine by mouth
3. Notify camp director
4. Monitor individual until EMS arrives
5. Contact parents, using phone numbers on the camper's health history form.